

Why it matters:

Independence builds confidence

- Practice managing clothes when using toilet.
- Practice putting on coat, engaging zipper, and pulling it up! – Also practice buttons.
- Practice washing hands while singing alphabet.
- Practice putting on shoes and socks
- Practice opening snack containers such as ziplock bags and small packages.
- Practice managing and drinking from water bottles

Activity:

Practice tying shoes with the shoe-tying lacing card.

1. Child strings laces through the holes in the card.
2. Adult demonstrates tying laces in a bow while narrating steps, then again leaving the last step for child to do.
3. Adult ties shoe a third time, leaving the last 2 steps for the child to do.
4. Repeat this until child is able to complete all the steps while adult narrates.



**LOOK FOR THIS SECTION
IN THIS KIT**

